

# May 2025



## Thomas Jefferson High School Lunch Menu



### LUNCH PRICES:

Student \$3.40/\$4.30 Tier(T)  
 Reduced \$ .00  
 Adult \$4.65/\$5.55\*

www.schoolcafe.com for online payments  
 Instructions found at www.wjhsd.net

Paper Check? No problem. Make checks payable to  
 "WJHSD Cafeteria Fund"

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
 Choice of Vegetable  
 Choice of Fruit  
 Grain/Bread  
 Choice of Milk

### Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

### GRAD AND GO SALADS AND SANDWICHES

Choices May Include: Vegetable Garden Salad w/ roll  
 Ham or Turkey Salad w/ Roll  
 Chef's Salad w/ roll  
 Greek Salad w/ Roll  
 Strawberry Spinach Salad w/ Roll  
 Caprese Pasta Salad with Roll  
 Ham & Cheese Wrap or Turkey and Swiss on Baguette  
 Buffalo chicken Wrap  
 Taco Chicken Wrap  
 Chicken Caesar Wrap  
 Roast Beef and Cheddar Wrap  
 Italian Wrap



John Rambo

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Try SchoolCafe.com for menus and Nutritional Information  
 Menu Subject to Change based on product availability.  
 USDA is an equal opportunity provider and employer.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BISTRO 1776</b>			
<b>5-May</b> Mini Corn Dogs or Funnel Cake <b>FEATURED VEGGIES</b> Waffle Fries Green Pepper Strips Choice of Fruit Choice of Milk	<b>6-May</b> TJ Chipotle(T) Chicken Fajita Burrito Bowl <b>FEATURED VEGGIES</b> Peppers & Onions Black Beans Choice of Fruit Choice of Milk	<b>7-May</b> Chicken Tikka Masala with Cilantro Lime Rice <b>FEATURED VEGGIES</b> Steamed Broccoli Cherry Tomato Choice of Fruit Choice of Milk	<b>8-May</b> Cheese Pierogies with Sauteed Onions <b>FEATURED VEGGIES</b> Romaine Salad Ranchero Carrots Choice of Fruit Choice of Milk
<b>12-May</b> Spaghetti with Meatballs Garlic Bread or Chicken Parmesan Sandwich <b>FEATURED VEGGIES</b> Steamed Green Beans Caesar Salad Choice of Fruit Choice of Milk	<b>13-May</b> Chicken Fajitas with Sauteed Peppers & Onions or Beef Soft Tacos <b>FEATURED VEGGIES</b> Black Beans Tomato & Onion Salad Choice of Fruit Choice of Milk	<b>14-May</b> <b>TJ Subway</b> Our version of the Deli Bar <b>FEATURED VEGGIES</b> Curly Fries Cucumber Slices Choice of Fruit Choice of Milk	<b>15-May</b> Turkey & Cheese Sliders or Meatball Hoagie <b>FEATURED VEGGIES</b> Coleslaw Spinach Salad Choice of Fruit Choice of Milk
<b>19-May</b> Popcorn Chicken Mashed Potato Bowl or Chicken & Biscuits <b>FEATURED VEGGIES</b> Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk	<b>20-May</b> Nachos Grande Tortilla Chips <b>FEATURED VEGGIES</b> Black Beans Garden Salsa Choice of Fruit Choice of Milk	<b>21-May</b> <b>WING BAR</b> Bone in Wings(T) or Boneless Wings(T) Choice of Sauces <b>FEATURED VEGGIES</b> Baby Carrots & Celery Oven Fries Choice of Fruit Choice of Milk	<b>22-May</b> <b>PASTA BAR</b> Choice of Pasta & Sauce with Garlic Bread <b>FEATURED VEGGIES</b> Side Romaine Salad Green Beans Choice of Fruit Choice of Milk
<b>26-May</b> <b>Memorial Day</b>  <b>No School</b>	<b>27-May</b> Walking Tacos Dorito Chips or Taco Pizza <b>FEATURED VEGGIES</b> Mexicali Corn Red Pepper Strips Choice of Fruit Choice of Milk	<b>28-May</b> General Tso's Chicken(T) over Fried Rice with Egg Roll <b>FEATURED VEGGIES</b> Oriental Vegetable Mandarin Oranges Choice of Fruit Choice of Milk	<b>29-May</b> Grilled Chicken & Broccoli Alfredo over Penne <b>FEATURED VEGGIES</b> Garden Green Peas Chic Pea Salad Choice of Fruit Choice of Milk
<b>2-Jun</b> <b>BBQ DAY</b> Pulled Pork, BBQ Rib or Chefs Choice <b>FEATURED VEGGIES</b> Curly Fries Coleslaw Choice of Fruit Choice of Milk	<b>3-Jun</b> Chefs Choice <b>FEATURED VEGGIES</b> Peppers & Onions Black Beans Choice of Fruit Choice of Milk	<b>4-Jun</b> Chefs Choice <b>FEATURED VEGGIES</b> Steamed Broccoli Tomato Salad Choice of Fruit Choice of Milk	<b>5-Jun</b> Last Day Of School!!! Half Day!!! <b>NO LUNCH SERVICE!!!</b> 
<b>30-May</b> Macaroni and Cheese w/ Pretzel Sticks or Popcorn Shrimp <b>FEATURED VEGGIES</b> Side Salad Baby Carrots Choice of Fruit Choice of Milk			
<b>6-Jun</b>  <b>See you in August!!</b>			

## GRILLE FIFTYONE

CHECK OUT OUR HOPPY MEAL - Every Tuesday In honor of Coach Hoppy!! Other choices may include Hamburgers, Cheeseburgers, Double Cheeseburgers(T), Jaguar Burgers(T), Corn Dogs, Grilled Jumbo Hot Dogs, Quesadillas, Grilled Chicken Sandwiches, Cheese Steak Hoagies, Specialty Burgers(T), Texas Toast Grilled Cheese with Tomato Soup, and more!!!

## VILLA MONTICELLO

Choice of fresh baked pizza!!! Choices may include Hand Tossed(T), Deep Dish(T), French Bread, Flat Bread, Sicilian Style(T), Daddy's(T), Detroit Style(T), Calzones(T), and Pepperoni Rolls(T).

## THE CHAMPION OF ALL CHICKEN CHERP'S CHICKEN

Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Grilled Chicken Sandwich, Popcorn Chicken, Chicken Nuggets, Chicken Fries, Chicken Wings(T), Chicken Sliders, or Chicken Tenders.

## Declaration DELI

Made to order Chopped Salads, Sandwiches, and Wraps with an assortment of fresh deli meats and cheeses. You can pick from the wide variety of fresh toppings to tailor it just the way you want it. Toast your sandwich in the Panini Press or over at Villa Monticello. Check out our Fresh Soups too!!! All Served Daily!