

May 2025



Thomas Jefferson High School Lunch Menu



LUNCH PRICES:

Student \$3.40/\$4.30 Tier(T)
Reduced \$.00
Adult \$4.65/\$5.55*

www.schoolcafe.com for online payments
Instructions found at www.wjhsd.net

Paper Check? No problem. Make checks payable to
"WJHSD Cafeteria Fund"

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

GRAD AND GO SALADS AND SANDWICHES

Choices May Include: Vegetable

Garden Salad w / roll
Ham or Turkey Salad w/ Roll
Chef's Salad w/ roll
Greek Salad w/ Roll
Strawberry Spinach Salad w/ Roll
Caprese Pasta Salad with Roll
Ham & Cheese Wrap or Turkey and Swiss on Baguette
Buffalo chicken Wrap
Taco Chicken Wrap
Chicken Caesar Wrap
Roast Beef and Cheddar Wrap
Italian Wrap



John Rambo

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Try SchoolCafe.com for menus and Nutritional Information
Menu Subject to Change based on product availability.
USDA is an equal opportunity provider and employer.

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
BISTRO 1776									
5-May Mini Corn Dogs or Funnel Cake FEATURED VEGGIES Waffle Fries Green Pepper Strips Choice of Fruit Choice of Milk		6-May TJ Chipotle(T) Chicken Fajita Burrito Bowl FEATURED VEGGIES Peppers & Onions Black Beans Choice of Fruit Choice of Milk		7-May Chicken Tikka Masala with Cilantro Lime Rice FEATURED VEGGIES Steamed Broccoli Cherry Tomato Choice of Fruit Choice of Milk		8-May Cheese Pierogies with Sauteed Onions FEATURED VEGGIES Romaine Salad Ranchero Carrots Choice of Fruit Choice of Milk		9-May Cowboy Burger FEATURED VEGGIES Onion Rings Chic Pea Salad Choice of Fruit Choice of Milk	
12-May Spaghetti with Meatballs Garlic Bread or Chicken Parmesan Sandwich FEATURED VEGGIES Steamed Green Beans Caesar Salad Choice of Fruit Choice of Milk		13-May Chicken Fajitas with Sauteed Peppers & Onions or Beef Soft Tacos FEATURED VEGGIES Black Beans Tomato & Onion Salad Choice of Fruit Choice of Milk		14-May TJ Subway Our version of the Deli Bar FEATURED VEGGIES Curly Fries Cucumber Slices Choice of Fruit Choice of Milk		15-May Turkey & Cheese Sliders or Meatball Hoagie FEATURED VEGGIES Coleslaw Spinach Salad Choice of Fruit Choice of Milk		16-May Breakfast for Lunch French Toast Sticks with Sausage Pattv or Texas Toasted Cheese Sandwich FEATURED VEGGIES Hashbrown Potatoes Cinnamon Apples Choice of Fruit Choice of Milk	
19-May Popcorn Chicken Mashed Potato Bowl or Chicken & Biscuits FEATURED VEGGIES Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk		20-May Nachos Grande Tortilla Chips FEATURED VEGGIES Black Beans Garden Salsa Choice of Fruit Choice of Milk		21-May WING BAR Bone in Wings(T) or Boneless Wings(T) Choice of Sauces FEATURED VEGGIES Baby Carrots & Celery Oven Fries Choice of Fruit Choice of Milk		22-May PASTA BAR Choice of Pasta & Sauce with Garlic Bread FEATURED VEGGIES Side Romaine Salad Green Beans Choice of Fruit Choice of Milk		23-May Teacher In-Service  No School for Students	
26-May Memorial Day  No School		27-May Walking Tacos Dorito Chips or Taco Pizza FEATURED VEGGIES Mexicali Corn Red Pepper Strips Choice of Fruit Choice of Milk		28-May General Tso's Chicken(T) over Fried Rice with Egg Roll FEATURED VEGGIES Oriental Vegetable Mandarin Oranges Choice of Fruit Choice of Milk		29-May Grilled Chicken & Broccoli Alfredo over Penne FEATURED VEGGIES Garden Green Peas Chic Pea Salad Choice of Fruit Choice of Milk		30-May Macaroni and Cheese w/ Pretzel Sticks or Popcorn Shrimp FEATURED VEGGIES Side Salad Baby Carrots Choice of Fruit Choice of Milk	
2-Jun BBQ DAY Pulled Pork, BBQ Rib or Chefs Choice FEATURED VEGGIES Curly Fries Coleslaw Choice of Fruit Choice of Milk		3-Jun Chefs Choice FEATURED VEGGIES Peppers & Onions Black Beans Choice of Fruit Choice of Milk		4-Jun Chefs Choice FEATURED VEGGIES Steamed Broccoli Tomato Salad Choice of Fruit Choice of Milk		5-Jun Last Day Of School!!! Half Day!!! NO LUNCH SERVICE!!! 		6-Jun  See you in August!!	

GRILLE FIFTY-ONE

CHECK OUT OUR HOPPY MEAL - Every Tuesday In honor of Coach Hoppy!! Other choices may include Hamburgers, Cheeseburgers, Double Cheeseburgers(T), Jaguar Burgers(T), Corn Dogs, Grilled Jumbo Hot Dogs, Quesadillas, Grilled Chicken Sandwiches, Cheese Steak Hoagies, Specialty Burgers(T), Texas Toast Grilled Cheese with Tomato Soup, and more!!!

VILLA MONTICELLO

Choice of fresh baked pizza!!! Choices may include Hand Tossed(T), Deep Dish(T), French Bread, Flat Bread, Sicilian Style(T), Daddy's(T), Detroit Style(T), Calzones(T), and Pepperoni Rolls(T).

Big

THE CHAMPION OF ALL CHICKEN CHERP'S CHICKEN

Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Grilled Chicken Sandwich, Popcorn Chicken, Chicken Nuggets, Chicken Fries, Chicken Wings(T), Chicken Sliders, or Chicken Tenders.

Declaration DELI

Made to order Chopped Salads, Sandwiches, and Wraps with an assortment of fresh deli meats and cheeses. You can pick from the wide variety of fresh toppings to tailor it just the way you want it. Toast your sandwich in the Panini Press or over at Villa Monticello. Check out our Fresh Soups too!!! All Served Daily!